

Venerable Miao You Biography

Venerable Miao You, B. Ed. is a qualified, experienced, and engaging teacher. She received her training from the Meditation College of Fo Guang Shan Monastery, Taiwan. Since returning to Australia in 2003, she continues to teach and expound Humanistic Buddhism and Living Ch'an meditation at the Nan Tien Temple.

Ven. Miao You is a Director and Company Secretary of Nan Tien Institute, responsible for the initial development, construction, and operations of Nan Tien Institute.

Nan Tien Institute is Australia's first Institute of higher learning offering postgraduate degrees grounded in humanistic Buddhist wisdom and values.

She was a member of the Training Committee of Australian Association of Buddhist Counsellors and Psychotherapists (AABCAP) and a Sangha Lecturer, and a guest lecturer on Ethics for the Sydney Business School (University of Wollongong) for the Executive MBA program. She also taught Tai-chi and Meditation to the in-mates at the Illawarra Correction Centre at Unanderra for more than 2 years before it closed.

Venerable Miaoyou assisted in the inception of the Wellness Program of the Lake Illawarra Police Department and still maintained a good working relationship with the Illawarra Police Department.